

Message from Tom

The holidays have passed and 2014 has arrived. With a New Year comes new opportunity; not only for MF&B but for each one of us. How we address these opportunities and how successful we are depends on what each of us do day to day.

We all know we have to be safe and adhere to quality standards. Not only MF&B's, but our customers and the regulating agencies that oversee what we do. You know these requirements from your experience as well as from the multiple training and testing you endure on a continuous basis. Your commitment to these rules and regulations is represented by your improved safety and quality successes. Our success in these areas ensures our continuing opportunities but what about personally? What will make you as an individual or a family, grasp your opportunities and succeed? What training or experiences will help you succeed? It is doing the right thing and doing it the right way. Sometimes it may seem it's easier to take the short cut or bypass a step to get somewhere. In the long run this won't work. Each one of us make daily choices in what we do. Doing the right things the right way will always make you successful, a better person, a better citizen, and a better part of the MF&B family. I hope each of you had a wonderful holiday season and wish all of you success in the coming year.

Employee Spotlight

Welcome back Ronnie Williams into MF&B's QA Department

Congratulations to the following employees:

Vience Bond has moved into the Safety Department at MF&B.

Sean Mathews for completing the Crestcom Leadership Program

Gary Wyatt won the American Heart Association Superstar award for raising \$1075.00 for Team MF&B on the Heart Walk

As a reward for a job well done on the USS Laboon, Steven Banton and his elite crew are off to sunny Florida for The USS Sullivans job over the next several months. Surely they will be thinking of us as we shovel the snow out of our driveways here in Virginia.

If you see a co-worker doing something they should be commended for, please email Nikki and let her know!

Calendar of Events

Daylight Savings Time. Sunday March 9th, set your clocks forward 1 hour. It's also a good time to check your smoke detector batteries.

Open Enrollment. Open enrollment is in February for Health, Dental, Vision, and Optional Life with a renewal date of March 1st. Please let Nikki know if you are making any changes by February 21st.

MF&B Reminders

☞ Remember this is *your* employee newsletter. If you have any ideas or suggestions we would love your input! Email Nikki at Courtney@mfbmarine.com

☞ If you need to make any changes to your address, phone # or emergency contact please email Nikki at: Courtney@mfbmarine.com

☞ Remember **AMH Clinic** and Pharmacy is available to all full time employees, and it's conveniently located right across the street!
Hours: Monday-Friday 7:00am-4:00pm
Phone: 757-233-9055

☞ **AMH Clinic has started a Walking Team.** Every 3rd Saturday of the month from 9am-10am the group will meet at different locations to walk. Contact Nikki for more details.

SAFETY CORNER

By: Santiago Vallee and Gary Wyatt



Global Harmonized System of classification and labeling of chemicals (GHS)



In 1983 the Occupational Safety and Health Administration (OSHA) published a hazard communication standard this was one of the first major new standards since the original OSHA rules were published in 1971 and was often referred to as the employee *right-to-know standard*. That's because it was developed to help ensure workers had access to information and training about the hazards and chemicals of products they were exposed to at work. *One of the major requirements of the Haz Com standards was container labeling.* The Hazardous Communication Standard was not meeting its original intent which was to help employees know what they were working with, how it can harm them, and most importantly how to protect themselves. So in 2012 OSHA published the revised Hazard Communication Standard and a major part of that revision was how containers had to be labeled. Where manufactures still have to put labels on their containers now that information has to follow a certain format and there is a standardized hazard classification systems that must be utilized on container labels to convey information about the physical and health related hazards associated with that product. The HAZ COM standard also requires employers to train their employees on how to read and understand the new GHS Labeling systems. *So the standard changed from employee right-to-know to employee right-to-understand.* To improve information available to workers OSHA adopted the GHS labeling requirements. GHS is a standardized system developed by the United Nation. Once fully adopted there will be a consistency with information on container labels across the world which is of increased important in are global economy. OSHA has established deadlines to ensure implementation and compliance dates.

Deadlines

- GHS-compliant labels by June 1, 2015
- MF & B Marine has provided training on new labeling system by December 1st, 2013
- We have updated our Haz-com program to reflect new changes due by June 1st, 2016

For answers to Questions or more information concerning the Global Harmonized System please contact the Safety department at MF&B Marine, LLC.

MF&B Marine Ton of Fun Christmas for the Food Bank

MF&B Marine collected 2304lbs of food, and \$2614.00 in cash donations which equals to **10,089 meals** for the Food Bank of Southeastern Virginia. This surpasses our record of 9,457 meals last year!!!! Great job everyone and thank you so much for your generous donations for an important cause.

For more information on how you can help please go to www.foodbankonline.org

